

Kidsworld Nursery Food Safety & Allergy Awareness Policy

1. INTRODUCTION

Kidsworld Nursery is committed to providing a safe and healthy eating environment for all children. This policy ensures that food safety standards are met and that all dietary and allergy requirements are strictly followed.

2. LEGAL FRAMEWORK

This policy aligns with:

- Food Safety Act 1990
- Food Hygiene Regulations 2006
- The Childcare Act 2006
- Food Information Regulations 2014 (Allergy Labelling)
- Early Years Foundation Stage (EYFS) Framework

3. FOOD SAFETY PROCEDURES

- All food is prepared and stored in compliance with food hygiene regulations.
- Staff handling food complete Level 2 Food Hygiene Training.
- Food preparation areas are cleaned and disinfected before and after use.
- Perishable food is stored at appropriate temperatures with regular monitoring.
- Expired or spoiled food is discarded immediately.

4. ALLERGY AWARENESS & PRECAUTIONS

- Parents must provide up-to-date allergy information upon registration.
- An allergy list is maintained and displayed in food preparation and dining areas.
- Staff are trained to recognize and respond to allergic reactions.
- Allergy-friendly alternatives are provided for children with food allergies.
- Food labels are carefully checked to avoid hidden allergens.

5. NO NUTS POLICY

- Kidsworld Nursery operates a strict **NO NUTS POLICY** to protect children with nut allergies.
- No nuts, nut-based products, or items that may contain traces of nuts are allowed.
- Parents are advised not to pack nut-containing snacks or lunch items for their children.
- Any food brought from home must comply with the no-nuts policy.
- Kitchen staff and food suppliers ensure all meals are nut-free.

6. MANAGING SPECIAL DIETARY REQUIREMENTS

- The nursery accommodates religious, cultural, and medical dietary requirements.
- Staff work closely with parents to plan suitable meals for children with special diets.
- Meal plans are reviewed regularly to ensure compliance with dietary needs.

7. EMERGENCY PROCEDURES FOR ALLERGIC REACTIONS

- If a child shows symptoms of an allergic reaction, staff will:
 - Administer emergency medication (e.g., EpiPen) if prescribed.
 - Call emergency services (999) immediately.
 - Inform parents as soon as possible.
 - Record the incident and review procedures to prevent recurrence.

8. HYGIENE AND FOOD HANDLING

- Staff and children wash hands before handling or consuming food.
- Tables and utensils are cleaned before and after meals.
- Food is stored properly to prevent contamination.

9. MONITORING AND REVIEW

- This policy is reviewed annually or after any significant incidents.
- Parents are encouraged to update allergy and dietary information regularly.

For more information, contact:

- Kidsworld Nursery Management
- Food Standards Agency: 020 7276 8829
- Stockport Local Authority Environmental Health: 0161 474 4181
- Ofsted: 0300 123 1231 | Email: enquiries@ofsted.gov.uk

Kidsworld Nursery ensures a safe and inclusive eating environment for all children.